

Faith Factor:

Classroom Management



A Lutheran Education Association On-Demand Webinar
www.lea.org

What we will learn

- God's advice for teachers and leaders
- Definition of discipline
- Balanced discipline
- Motivation
- Tips and techniques
- Relationships

Where to begin . . .

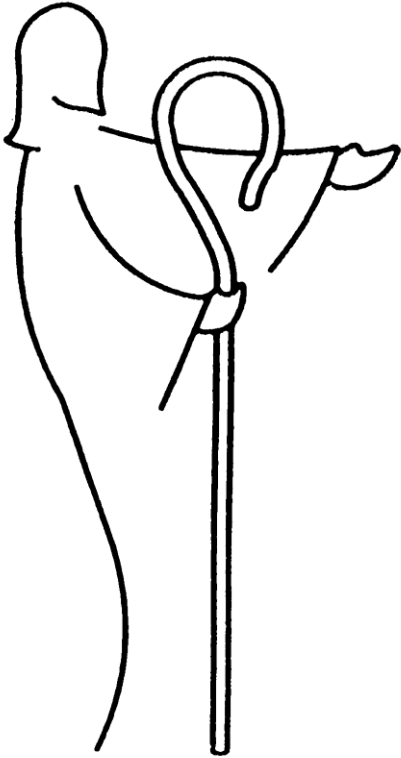
Shepherd the flock of God that is among you, exercising oversight, not under compulsion, but willingly, as God would have you; not for shameful gain, but eagerly; not domineering over those in your charge, but being examples to the flock. And when the chief Shepherd appears, you will receive the unfading crown of glory. Likewise, you who are younger, be subject to the elders. Clothe yourselves, all of you, with humility toward one another, for “God opposes the proud but gives grace to the humble.” 1 Peter 5:2-5

Where to begin . . .



- Feed the sheep
- Feed your faith (Bible study)
- Model what you teach
- Use Christ's example as your guide
- Clothe yourself in humility as Jesus did

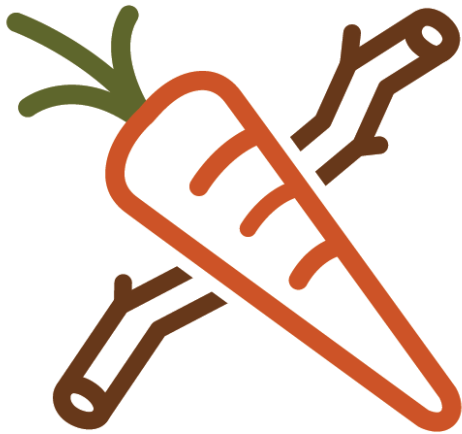
Discipline is . . .



- Rules
- Correcting
- Redirecting
- Teaching
- Relationship

The world's view of discipline

Behaviorism

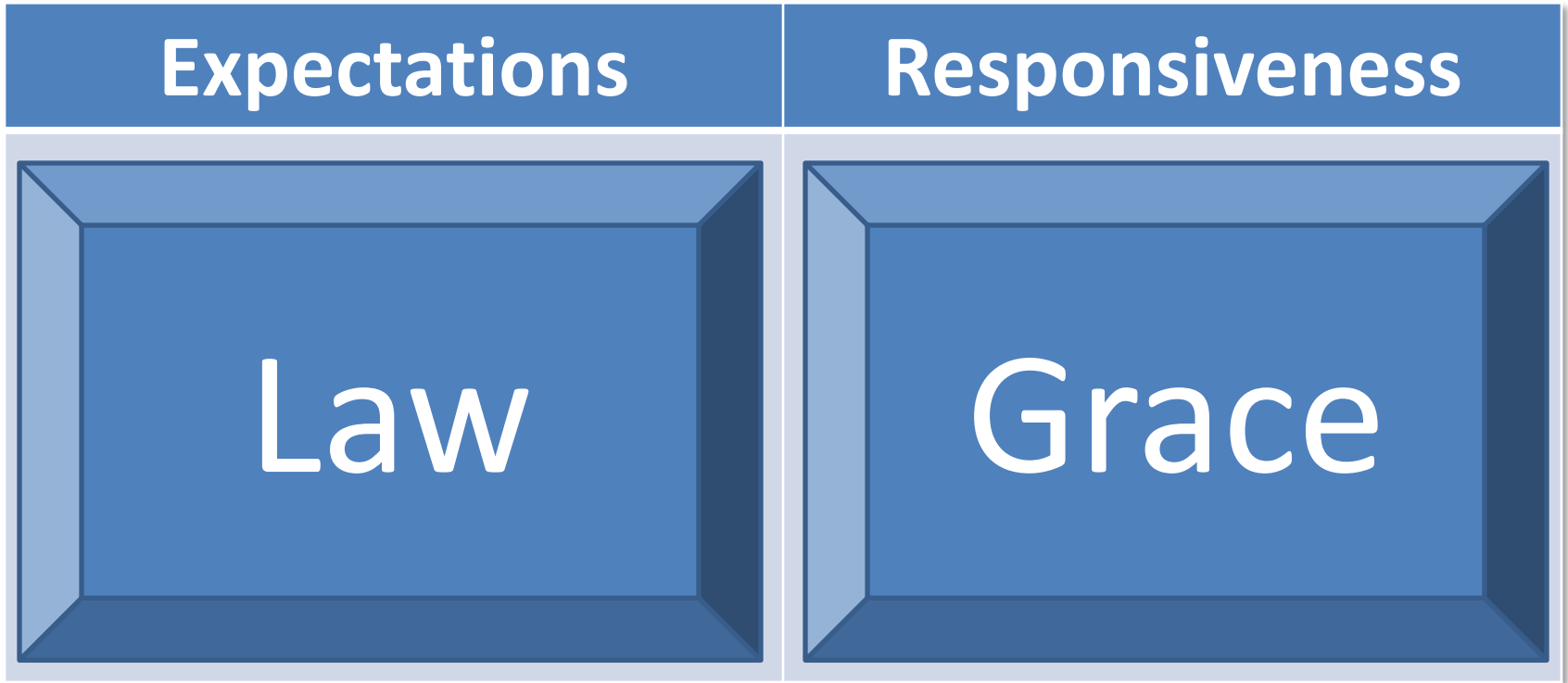


- Training
- Punishment unwanted behavior
- Reward desired behavior
- Creates guilt and shame
- Dependency on reward
- Extrinsic motivation

Balanced discipline

Expectations	Responsiveness
<ul style="list-style-type: none"><input type="checkbox"/> High Ability Cue<input type="checkbox"/> Rules<input type="checkbox"/> Consequences<input type="checkbox"/> Correction<input type="checkbox"/> Praise	<ul style="list-style-type: none"><input type="checkbox"/> Encouragement<input type="checkbox"/> Belonging<input type="checkbox"/> Forgiveness<input type="checkbox"/> Mercy<input type="checkbox"/> Unconditional love

Balanced discipline



Written

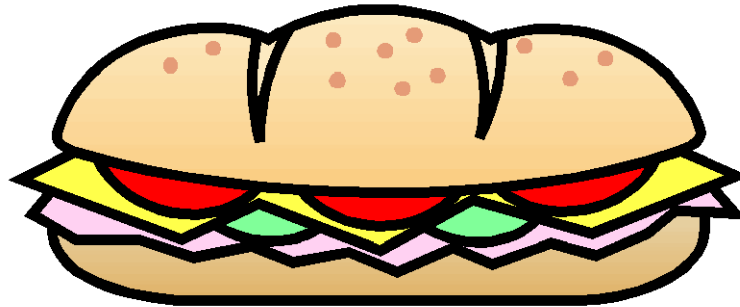
Revealed

Tips and Techniques

The “Hero” Sandwich for Discipline

Reminder of
God’s help

Correction
Consequence



Because I care about
you and want better
for us

What's behind the behavior?



- Motivation
 - Control
 - Acceptance
 - Achievement

What's behind the behavior?



Emotional confusion

- Wrong emotion
- Anxiety
 - Withdrawal
 - Over activity
 - Defiance
 - Aggression

Tips and Techniques

Anxiety

- Deep breaths
- Go outside
- Movement
- Ask “What will help?”

Tips and Techniques

Emotions



- Emotional awareness
- Upstairs brain/downstairs brain
- Flip your lid



Dr. Daniel Siegel

Tips and Techniques

Emotions



- Move upstairs with a mental activity

Name classmates

Category game

Song lyrics

Bible verse with actions

Tips and Techniques

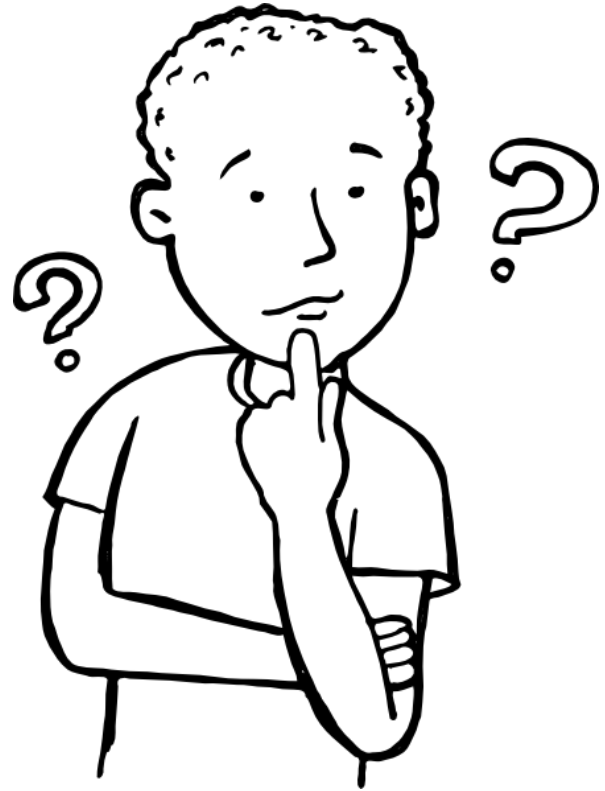
Positive Education

- Positive thinking (gratitude journals)
- Share stories
- Build relationships

Tips and Techniques

E Empathy

R Reframe



Tips and Techniques

E It is frustrating to wait your turn when you are thirsty

R Won't that water taste good when you get there?

Your friends appreciate it when you wait patiently.

Tips and Techniques

E It is sad when your friend won't sit by you.

R Now you have a chance to make a new friend.

Tips and Techniques

- Avoid rewards
- Avoid punishment as a first plan
- Cognitive training:

Am I . . .

Safe?

Learning?

Kind?

Tips and Techniques

Cognitive Discipline

What I did:

What I should have done:

What hurt I caused:

God forgives and helps me:

When the righteous cry for help, the LORD hears and delivers them out of all their troubles. Psalm 34:17

Tips and Techniques

- Save to show students and parents
- Not for condemnation, but to show how God is helping.

Cognitive Discipline

Cognitive Discipline

Cognitive Discipline

What I did:

What I should have done:

God will help me:

When the righteous cry for help, the LORD hears and delivers them out of all their troubles. Psalm 34:17

Tips and Techniques

Tell your students what you *want* rather than what you *don't want*.

Instead of:

“It’s too noisy in here”

Use:

“Let’s quiet down”

Or:

“12 inch voices”

Tips and Techniques

Tell your students what you want rather than what you don't want.

Instead of:

“Don't be mean!”

Use:

“Remember kindness”

Or:

“Ask again in a kind way”

Tips and Techniques

Love unconditionally



- Nothing could make me love you less
- Nothing could make me love you more
- I love you because God loves me

**LOVE IS NOT 'IF'
OR 'BECAUSE'**

**LOVE IS 'ANYWAY'
AND 'EVEN
THOUGH' AND 'IN
SPITE OF'**

Tips and Techniques

Sense of Belonging



- I have a place here
- I can contribute
- I can learn
- Someone cares about me
- I can care about others

Relationships



- With students
 - Know 3 things
- Between students
 - Take time to discuss
- With parents
 - Build a team
- With others
 - Teachers, DCE's, Pastors



From me to we



Blessed to be a Blessing

Where sin increased, grace
abounded all the more.

Romans 5:20b

